


OCTOBER 2018

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 1. Chicken Nuggets Tri Tators Carrots Or Salad Bar Split Pea Soup | 2 Bosco Sticks W/marinara Green beans & fruit Or Salad bar | 3 Cheese burgers French Fries Corn & Fruit Or Salad bar Creamy Vegetable Soup | 4 Chicken Taco W/ Fixings Black Beans & Rice Fruit Or Salad Bar | 5 Turkey Deli Sub Potato Chips Fresh Vegetables & Fruit Or Salad Bar Chicken Noodle Soup |
| 8 No School | 9 Hot Ham & Cheese French fries Fresh Vegetables Fruit Or Salad Bar | 10 French Toast Sticks Sausage Links Potato Patty Fresh Veg & Fruit Or Salad Bar Beef Vegetable Soup | 11 Spaghetti w/ Meatballs Green Beans Garlic Bread Fruit Or Salad Bar | 12 Bratwurst On A Bun Baked Beans Battered Fries Fruit Or Salad Bar Chicken Noodle Soup |
| 15 Riblet On A Bun Mac and Cheese Fruit Or Salad Bar Bean W/ Bacon Soup | 16 Turkey Corn Dog Baked French Fries Corn Fruit Or Salad Bar | 17 No School | 18 No School | 19 No School |
| 22 Lasagna Roll Ups Green Beans Fresh Veg Option Fruit Or Salad Bar Potato and Ham Soup | 23 Pancake & Sausage On a Stick Tri tators Yogurt Cup Fruit | 24 Teriyaki Chicken W/Rice Oriental Vegetable Fruit Chicken W/Rice Soup | 25 Cheesy Ham Potato Bake Garlic Bread Fruit Or Salad Bar | 26 Italian Meat ball Sub Whole Grain Chip Normandy Veg Fruit Or Salad Bar Vegetable Soup |
| 29 BBQ Beef On A Bun Tator tots Calico Beans Fruit Potato & Ham Soup | 30 Turkey Linguine Bake W/Broccoli Garlic Toast Fruit Or Salad Bar | 31 White Chicken Chili W/ toppings Corn Muffin Fruit Or Salad Bar Chicken W/Rice Soup |  |  |

Students learn to make healthy choices in “offer vs. serve” program. Five food groups are offered with the daily menu, students select a minimum of three food groups, but can choose all five offerings.

Lunch Prices
Preschool-5th Grade: \$3.00
Middle School: \$3.00
Adult: \$3.80 Milk:\$0.55

